

What to pack for an adventure

	Day Hike	Week end	Week Long
Shelter			
*Tent and canopy		☐	☐
*Ground cloth/tarp		☐	☐
*Extra tent stakes		☐	☐
Shade tarp	☐	☐	☐
Entry mat			☐
Dust pan & brush			☐
Dining			
Canteen or water bottle	☐	☐	☐
Mess kit	☐	☐	☐
Knife, fork & spoon	☐	☐	☐
Thermally insulated cup/mug		☐	☐
Bedding			
Sleeping bag		☐	☐
Sheets & blankets		☐	☐
Small Pillow		☐	☐
Utility Bag		☐	☐
Air mattress or sleeping pad		☐	☐
Air mattress pump		☐	☐
Air mattress repair kit		☐	☐
Cot			☐
Personal			
Money, I.D., etc.	☐	☐	☐
Toilet paper in zip-lock bag	☐	☐	☐
Chap stick	☐	☐	☐
Alcohol gel hand sanitizer	☐	☐	☐
Individual moist towelettes	☐	☐	☐
Medications (*Notify Leader*)	☐	☐	☐
Tweezers	☐	☐	☐
Wash cloth	☐	☐	☐
Soap in plastic case	☐	☐	☐
Toothbrush & toothpaste		☐	☐
Brush or comb		☐	☐
Ear Plugs		☐	☐
Dental floss		☐	☐
Deodorant			☐
Towel			☐
Shampoo			☐
Shower shoes (flip flops/Crocs)			☐
Razor and shave cream			☐
Mirror (non breakable)			☐

Key

☐ Optional

☐ Required

* Pick up from Troop Supplies

Clothing

	Day Hike	Week end	Week Long
Boots	☐	☐	☐
Rain gear	☐	☐	☐
Underwear and/or long johns	☐	☐	☐
Socks and extra socks	☐	☐	☐
Long pants	☐	☐	☐
Shorts	☐	☐	☐
Belt	☐	☐	☐
Shirts and T-shirts	☐	☐	☐
Bandana	☐	☐	☐
Hat	☐	☐	☐
Sweatshirt/Fleece or jacket	☐	☐	☐
Shoes (evening downtime)		☐	☐
Sleeping clothes		☐	☐
Swimsuit and towel			☐
Laundry bag			☐

Miscellaneous

Fanny pack / Day Pack	☐	☐	☐
Compass	☐	☐	☐
First aid kit	☐	☐	☐
Whistle	☐	☐	☐
Scout handbook	☐	☐	☐
Pocket Knife	☐	☐	☐
Insect repellent	☐	☐	☐
Sunscreen	☐	☐	☐
Sunglasses	☐	☐	☐
Maps or guidebooks	☐	☐	☐
Notepad and pen	☐	☐	☐
Flashlight (spare batteries)	☐	☐	☐
Totin' Chip	☐	☐	☐
Fireman's Chit	☐	☐	☐
Sewing kit with safety pins	☐	☐	☐
Alarm clock or watch		☐	☐
Rope for clothes line		☐	☐
Plastic trash bags		☐	☐
Camera/Film (spare batteries)	☐	☐	☐
Duct tape	☐	☐	☐
Waterproof matches	☐	☐	☐
Ziploc Bags	☐	☐	☐
Camp chair		☐	☐
Musical instrument		☐	☐
Bungee cords			☐

Note: For items like sunscreen, insect repellent, shampoo etc. try to pack travel sized containers whenever possible. It will keep your pack size small and makes it easier to pack & carry!

Please Note: When packing clothing, please consider the weather. Avoid cotton next to the skin in cold weather (Refer to "Cold Weather Camping" for more details) or in hot weather when a strenuous activity is planned. In all conditions, please pack appropriate clothes for the weather and the activity.